Irish Arabella

Count: 48 **Wall:** 2 **Level:** High Improver

Choreographer: Colin Ghys (BEL), José Miguel Belloque Vane (NL) & Mike Liadouze (FR) - November 2025

Music: Arabella - Nathan Evans & SAINT PHNX

Introduction: 16 + 32 + 10 counts

[1-8] ROCK & STOMP SIDE, BEHIND SIDE CROSS, ROCK SIDE, BEHIND SIDE FORWARD

1-2	Rock & Stomp RF side, Recover on LF side
3&4	Cross RF behind LF, Step LF side, Cross RF over LF
5-6	Rock LF side, Recover on RF side
7&8	Cross LF behind RF, Step RF side, Step LF forward

[9-16] STEP FORWARD, KICK BALL STEP, STEP FORWARD, STEP ¼ TURN, CROSS TOE STRUT

1	Step RF forward
2&3	Kick LF forward, Step LF together, Step RF forward
4	Step LF forward
5-6	Step RF forward, ¼ turn L… Step LF side (9:00)
7-8	Touch R toe crossed over LF, Lower R heel transferring weight on RF

[17-24] SHUFFLE SIDE, CROSS SHUFFLE, WALK AROUND IN ¾ CIRCLE, HITCH

1&2	Step LF side, Step RF together, Step LF side
3&4	Cross RF over LF, Step LF side, Cross RF over LF
5-6	¼ turn L… Step LF forward, ¼ turn L… Step RF forward (3:00)
7-8	¼ turn L… Step LF forward, Hitch R knee (12:00)

[25-32] CROSS, SIDE, SAILOR HEEL, CROSS, ¼ STEP BACK, ¼ BIG STEP SIDE & DRAG

1-2	Cross RF over LF, Step LF side
3&4&	Cross RF behind LF, Step LF side, Touch R heel diagonally forward, Step RF together
5-6	Cross LF over RF, ¼ turn L… Step RF back (9:00)
7-8	¼ turn L… Big step LF side, Drag RF toward LF (6:00)

Styling : during counts 33 to 48 add hands on hips

[33-40] TOE & HEEL & TOE & HEEL & STEP ½ TURN, BRUSH HITCH CROSS

1&2&	Touch R toe behind LF, Step RF in place, Touch L heel forward, Step LF in place
3&4&	Touch R toe behind LF, Step RF in place, Touch L heel forward, Step LF in place
5-6	Step RF forward, ½ turn L… Step LF forward (12:00)
7&8	Brush RF together, Hitch R knee, Cross RF over LF

[41-48] TOE & HEEL & TOE & HEEL & STEP ½ TURN, BRUSH HITCH CROSS

1&2&	Touch L toe behind RF, Step LF in place, Touch R heel forward, Step RF in place
3&4&	Touch L toe behind RF, Step LF in place, Touch R heel forward, Step RF in place
5-6	Step LF forward, ½ turn R… Step RF forward (6:00)
7&8	Brush LF together, Hitch L knee, Cross LF over RF

TAG after 32 counts on WALL 2 & WALL 4 (12:00)

[1-8] JAZZ BOX, SIDE, TOUCH, SIDE, TOUCH

1-2	Cross RF over LF, Step LF back
3-4	Step RF side, Cross LF over RF
5-6	Step RF side, Touch L toe together
7-8	Step LF side, Touch R toe together

ENDING: after 46 counts WALL 5 replace BRUSH HITCH CROSS by STEP ½ TURN R to face (12:00) & step LF forward raise both hands in the air

HAVE FUN !!! ☐

Last Update: 1 Nov 2025